

Igiugig News & Notes

Igiugig Tribal Village Council

August 2003

Volume 6, Issue 9

The Tank Farm Project

By AlexAnna Salmon

Since the new Bulk Fuel Facility is nearly completed, I decided I'm overdue for an article updating newsletter readers on the happenings in Igiugig...

Anyone in Igiugig has noticed all the commotion near the powerhouse or has seen the enormous fuel tanks being hauled from the beach. What is the purpose of this project?

The Community of Igiugig applied for funding of the Tank Farm in an effort to mitigate environmentally disastrous fuel-related incidents. Also, the village wanted their fuel farm complying with the Department of Environmental Conservation (DEC) and the Environmental Protection Agency (EPA) fuel storage regulations. This project is a consolidation of safely stored and distributed fuel for area businesses and the residents of Igiugig.



Looking in the gates at the Tank Farm.

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4th of July in Igiugig



Gregory, Corey, Shaun, and Joshua (l-r) sitting in the "food wagon" as Tatyana (center) looks on.

Our annual 4th of July barbecue is becoming well known to all in Igiugig. From the local residents to the Fish and Game crew to summer visitors across the river and down the river, many came to celebrate the 4th and partake in some delicious food. Salmon, of course, was the main fare at the event. But there were many more to choose from: hot dogs, pizza, smoked salmon,

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Birthdays this month

- August 4
Dan Salmon
- August 13
Bernadette Andrew

Village Council Meeting by Sandy Alvarez

The Village Council held a meeting on Thursday, July 24, 2003. Council members reviewed work done during the summer, when most of the members were on the fishing grounds or busy with other work and subsistence activities. They also received status reports on the many jobs and activities through the Tribally owned Iliamna Lake Contractors. Staff reported on the progress of negotiations for next year's projects and other activities accomplished since the last meeting.

Approval was given providing funding for job placement and training to one village resident under the local tribal 638 contract. Approval was also provided for

necessary equipment purchase.

Council Members and community residents present were also informed of the most recent developments related to the legislative efforts to regionalize funding methods, and provided information regarding housing programs available to residents through the regional organizations.

The next meeting of the Council will be scheduled at a later date. Check with the office and the village calendar for details.

Naknek Dropout Rate Soars! by Sandy Alvarez

Thankfully we aren't talking about their student population! However, tragically the dropouts are fish that were caught but not successfully pulled aboard a boat or skiff and eventually end up littering the high tide mark. This is a situation that occurs nearly every year at the height of the fishing season, when with serious fishing efforts going on in the Naknek River, these fish die in the net but fall out because of rough weather, fast pulling of gear, and "fighting the line". These things along with the normal number of fish that just don't get very well tangled when they're caught in the net because they are so big, account for quite a stench along many miles of beaches. Of course this makes afternoon picnics out of the question unless you have a stomach of steel and a very poor sense of smell!



Although many fishermen just let it go as the way things are on the fishing grounds, others, like local drift fisherman Randy Alvarez, work to devise ways to save some of the dropouts. He has a mesh 'basket' that hangs on the stern of the boat to catch the fish as they fall out when coming up to the roller over the back of the boat. He commented that on one drift this season; his 'fish catcher' had twenty fish that would otherwise have been littering the beach the next day. In dollars and cents, that amounts to about an additional \$60 - \$70 with almost no additional effort. Multiplied out over an entire season, that little basket could bring in some serious money and if more fishermen did the same, it could also make the beaches much more presentable for picnickers, tourists and others who want to enjoy a little water and sand occasionally.

Rest assured though, along with concerned fisher-people, others are also looking at ways to help deal with this problem. Research is being done by some local business people into the possibility of a fish fertilizer plant which would not only process some of the mess, it would also deal with heads and guts produced by the many canneries (which is also a real annoyance when your subsistence net catches a whole load of rotting 'fish parts'). Hopefully with some good local effort and grants from concerned agencies and groups, the 'stench of summer' on Naknek Beach will become a thing of the past.

4th of July (Continued from page 1)

black bean pasta salad, potato salad, agutag, watermelon, cupcakes, and brownies to name a few.

The weather was calm and in the low to mid 60's. Salmon were jumping in the lake and a few tried their luck at fishing. Many enjoyed chatting with others and meeting some new people. The kids had a great time burying Mary Hostetter up to her neck! The kids all took turns afterwards burying each other. Sadly, no one had any fireworks to finish off the evening, but it was a fun way to spend a few hours!



Pete and Cecelia



Kayla, Camille, Shaun, Corey, Shayna, Gregory, and Tatyana pose for a picture after successfully burying Mary (center) up to her neck in the sand.



Kevin and Brian



Alice



The cooks: Mary and Bernadette



Gabe



Dallia and Kyle



Chow time!



(l-r) Corey, Kayla, Tatyana, Camille, and Joshua



Joshua

Library/Computer Lab News

Summer reading is coming along, have you taken the time to see our garden in the library? It is quite colorful indeed. We got some new books in. So, please come up to our library and look around. Most of the new books will be on shelves before school starts.

Easy Books:

Hang on, Hopper by Marcus Pfister

"Hopper is having such fun with his friend Scamp that he loses all track of time. He promised his mother he would be home before dark, and now he is late! "Don't worry", says Scamp"...

Fiction Books:

Reluctantly Alice by Phyllis Reynolds Naylor

"Alice comes home on the first day of junior high with a list of seven things about seventh grade that stink. The one good thing she can think of (besides getting out at 2:30 instead of 3:00) is that she's friends with everybody-and that gives her the idea of setting a goal to make it through the entire year with everybody liking her"...

ALASKA BOOKS:

Their Fathers' Work by William McCloskey

"Fishing is a hard and fiercely independent life, one of the world's last hunting occupations, and one of the most hazardous. There is still the hunt, the wait, the bitter disappointment of a busted trip, and the sleepless work fueled by elation when the nets come back full. Sons- and sometimes now daughters- still follow fathers to sea"...

INTERESTING WEBSITES:

www.gingerich.com

Berry picking season is upon us once again. Ready to pick those tasty, low-calorie treats? Need that recipe to impress your friends with? Getting tired of the "same old" recipes and want to try new exciting ones out? Pick through this website and you may find your tasty treasure.



Thank You!



Igiugig Can Crusher's Club is extremely grateful for the HUGE load of pre-crushed cans donated by **Harvey** and **Maria Anelon**. Over the years they saved their pop cans in Iliamna and this summer they brought them down by boat for us to send out. After re-bagging the cans, the Club recycled over *30 bags of aluminum*, (enough to fill the back of a pick-up). We were especially thankful that we didn't have to crush the cans! Thanks again for all your efforts in ***recycling!!!***

* There will be no can crushing until the Compactor returns to Igiugig... Please continue Recycling!



Funded by the Denali Commission and force account constructed with CE-2 Engineering and the village of Igiugig, the Bulk Fuel Facility cost approximately 1.2 million dollars. By the completion of the project, Igiugig will have paid approximately \$25,000 in-kind and cash contributions to foster ownership and guarantee success.

The farm is located at the powerhouse for convenient filling and distributing. There will also be a gas station-type refueling center selling multigrades of diesel: type 1 and 2, aviation, and automotive gas. The tank farm will have a storage capacity of about 120,450 gallons.

The community is responsible for a 40 year Operation and Maintenance and Refurbishment and Replacement Fund. For every gallon of fuel bought, a certain portion of money goes towards bank account investments, accruing over 40 years for facility replacement.

The tank farm appears to be well planned and constructed. At least 5-6 locals have been employed for the duration of the project (from around May 3, 2003 – August 15, 2003). As an asset to the job opportunity created by the Bulk Fuel Facility, Trefim Andrew and Terek Anelon had the chance to learn a new trade –pipe welding- before employment. On behalf of The Village of Igiugig, we are extremely appreciative of the opportunity to have a first class Tank Farm. Thanks to everyone who has participated in the progress!

PROJECT PERSONNEL:

CE-2 ENGINEERING:

Steve Stassel: Proj. Engineer, Brian
Aklin: Force Account Man.,
Jonnie Ross: Proj. Foreman, Buck
Amadon: Electrician, Gordon Nor-
man: Lead Welder, Roger Futrell:
Equip. Man

AEA:

David Lockard: Proj. Man.
Chris Mello



AE&E:

John Dickerson: Proj. Engineer

LOCAL EMPLOYEES:

Michael Andrew
Pete Suskuk
Terek Anelon
Dave Hostetter
Trefim Andrew
Yako Nickoli



Jonnie Ross, “Super Chief Welder Extraordinaire” hard at work.



Terek Anelon laying down Tyvar at the Tank Farm.



We are so glad Michael Andrew exercises proper safety procedures while in the TANK FARM. Nice Goggles!

The eyes have it

Few things are as delicate—or as important as your eyes. Most jobs require workers to have good eyesight so it's important to remember that your eyes can be easily damaged by exposure to chemicals, or debris such as sawdust and bits of metal.

- ✓ **Wear** safety glasses whenever you are doing wood or metal work.
- ✓ **Wear** protective eyewear whenever you are cleaning up after someone else's wood or metal work
- ✓ **Vacuum** rather than sweep materials that can be eye irritants.
- ✓ **Use** protective eyewear when working out in windy situations
- ✓ **Wear** the appropriate safety gear on any job that involves hazardous materials.
- ✓ **Read** warnings about possible damage on chemical product packaging.
- ✓ **Ventilate** closed areas whenever you use something with a strong smell.
- ✓ **Keep** a first aid kit accessible and use an eyecup to rinse immediately if anything gets into your eyes or if they begin to feel like they are burning.
- ✓ **Visit** the clinic or a doctor immediately if something gets into your eye (and never rub it!).

Prevention

If you want to be able to look, you better forget about how you look!

Safety equipment isn't always the latest fashion, but the loss of your eyesight will change your life forever!

Summer Reading Club

By AlexAnna Salmon

What's up with all these Summer Reading Club Members??? We are lucky Igiugig has a lot of adults who love reading, because they are going to earn the Banana Split Party for the kids. With the exception of a few kids who are reading up a storm, the Summer Reading Club is not receiving book numbers from children aged 0-12. The 0-12 age group are showing minimal participation, which is going to cost the whole Club the Barbecue. Unfortunately, most participants do not even deserve the Banana Split Party. Last week while I was doing the Summer Reading Club at the library, only two people showed up; both were in the highschool/adult category. This whole program was designed to target the younger students –to keep their reading skills sharp and prepared for school, to give an advantage for the Battle of the Books competitors, and to give students some educational activity during the summer. Too many of the Summer Reading Club Members are more interested in the TV than their books! Our pitiful total book number so far is 638, with an outstanding 56367 number of pages read. I would like to compliment the Andrew children: Shaun, Camille, and Kyle who have contributed 326 of the total books (over half). If it weren't for them, there would not be a Banana Split Party this year. The whole Club owes them appreciation!

in the lead as of July 28, 2003

MOST BOOKS READ

0 to 4	Camille Andrew	132
5 to 8	Shaun Andrew	107
9 to 18	Tanya Salmon	6355
19 & up	Julie and Lydia	14

With that being said, the Summer Reading Club is instituting a new incentive for young readers. From August 4-18 we are going to begin a reading contest. Children ages 0-4 need to read 20 books with at least 600 pages, children aged 5-8 need to read 12 books totaling at least 700 pages, and children 9-12 need to read 5 books with at least 700 pages. Winners in each age group will earn a prize and all participants that complete these qualifications will be invited to a home-made ice cream party!

MOST PAGES READ

0 to 4	Camille Andrew	3598
5 to 8	Shaun Andrew	4299
9 to 18	Tanya Salmon	6355
19 & up	Julie Salmon	5825

TOTAL BOOKS	638
TOTAL PAGES	56367

SUMMER VACATION!!!

By Tanya Salmon, 11th Grade, Igigug School

On the 26th of June, Alex, Jon, Jeremy, and I excitedly sat at the airport listening to my dad lecture us about staying together, watching our bags, and making sure we always got on the same flight. He was so busy giving us advice, that he almost put us on a plane to Nome!

The four of us were FINALLY going to Penfield, New York to visit my Dad's side of the family. Alex and I were anxious to see our family while the boys looked nervous, seeing that Grandma Salmon was the only person Jeremy knew in NY. Once we stepped off the airplane in Rochester, NY, we had quite the welcoming party at the airport; our aunts, uncles, and cousins came to greet us. A total of 13 people in three different vehicles chauffeured us to Gram's house where we celebrated Jeremy's 11th belated birthday, gorged on scrumptious chocolate cake, the boys met the family, and Alex and I caught up on the latest New York happenings.

The ten days in New York were filled to max. Everyday, our schedules were changing as different family members wanted to see us. While we were there, we went to Cousin Stephanie's graduation and birthday party, my aunt Susie and Uncle Tommy's famous 4th of July bash (which is taking the rest of summer vacation to recover from), a parade, the boys went to a baseball game, we swam at 6 different pools, enjoyed a barbecue at Cousin Greg and Becky's, went to a Renaissance Fair on Farden Road (personal joke), spent two days at the huge shopping mall (Dimond Center and 5th Ave. Mall in Anchorage couldn't even compare to Eastview Mall), our "going away party," and Alex and I spent two nights at Aunt Mary Jo and Uncle Matt's with Cousins Stephanie and Katharine. We camped out in the backyard, which turned out to be an exciting adventure with tikki lamps, an outdoor stove, and flying marshmallows where one girl, unfortunately, blistered.

The days seemed to fly by in a blur and we couldn't believe that our trip was over until we had to face reality and pack our bags. In fact, there were so many sales at the mall, we ended up shipping two boxes home and stuffing our bags until they were about to burst.

Our trip to New York was awesome. It was great to see family that I haven't seen in four years. We had a wonderful time, thank y'all family for the wonderful time we had! Can't wait to see you guys again.

NOTE FROM THE EDITOR:

I am impatiently looking forward to seeing Cousin Greg and Brian, Uncle Tommy, hopefully Katharine, and Grandma Salmon in Alaska next summer!!! I love you all! Thank you always and forever Uncle Bobby and Leah for all the AMAZING FUN TIMES and for Gram managing to survive our wonderful stay at her house! I hope you are enjoying your publicity Aunt Mary Jo -live it up! I wish the best of luck to College-bound Stephanie and to Katharine who is entering my favorite school: Penfield High School. Long live the Chiefs! We are always thinking of the relatives in NY and we miss everyone.
~Luv AlexAnna



"THE COUSINS" riding an elephant at the fair!



Jon and Aunt Mary Jo (Dan's sister)



NY POOL BUMS: Jon and Jeremy



Dan Salmon's kids, mom, sister, brother, Uncle and Aunt, and nieces eating Sunday breakfast.



The Fourth of July pool party, where we were being cool with sunglasses!

GARDENERS GOODIES

AUGUST garden activities:

Early AUGUST – Fertilize—This is the last month to fertilize so plants will slow down their growth before the cold weather.

Early AUGUST – Prune any perennials and trees that are getting too large, hanging over walkways or looking ‘leggy’. You can actually make a nice looking bush or hedge row by planting native trees close together and then pruning them frequently to keep them short.

AUGUST – Watering—Slow down some this month since the root systems on your plants should be strong and deep by now. Less frequent watering also will make them better able to withstand cool weather because their water content won’t be so high.

AUGUST – Mulch or side-dress with compost to help the soil retain water, provide extra nutrients to your plants, and protect the roots from cooler fall time temperatures.

AUGUST – Continue to “head” flowers to encourage them to keep blooming rather than making seedpods from their spent blossoms.

Late AUGUST – Begin gathering up your garden implements and cleaning them up for winter.

Late AUGUST – Haul extra gravel for pathways and areas that tend to get muddy in the spring and fall. That way people won’t walk around the muddy areas and step on your plants while they are dormant.

Late AUGUST – Continue to mow grassy areas to keep it under four-inches in height. This will limit the amount of dead brown grass you need to deal with next spring.

Late AUGUST – Tour your garden and make note of any plants that grew exceptionally well or exceptionally poorly, so you will know next year whether you will want to buy lots or none of them next time.

AUGUST – Move your nicest looking planters to areas near your door or walkways so you will see them often as you go about your daily duties. Also find a nice day to just spend some time outdoors enjoying your garden—morning coffee outdoors is often nice because the bugs aren’t usually out in force yet.

REMEMBER those 5R’s

Reduce – Refuse – Reuse – Renew – Recycle

** Use a canvas bag to carry your purchases home from the store rather than getting new plastic bags each time (unless you reuse them in your craft projects).*

** Use an ice cream bucket, old Easter basket or a cut milk jug to carry garden items around or to bring in your harvest.*

WALK TO BE FIT

What's Sleep Got To Do With It?!

If you've ever had to deal with a tired crabby child, you should know that the answer is—A LOT!

As we grow up we don't really get over needing sleep, we just learn to function in spite of being tired. Missing a night or two of good sleep doesn't do permanent damage, but studies have shown that people who are chronically sleep deprived (never get enough rest) have much weaker immune systems than people who sleep well most of the time.

Because the immune system is what protects us from diseases ranging all the way from the common cold to cancer, we open up the door to the development of many different diseases that our body would otherwise be able to fight off when we weaken it through lack of sleep.

Sleep is the time when our bodies regenerate, or repair damage that comes from the things we do during the day. It's also the time that children grow the most, so it's very important that we all try to get in a good night. We all know how much babies need to sleep—sometimes up to 20 hours a day! Along that line, tests also show that kids throughout their growing years may need up to ten hours per night depending on how fast they're growing. As adults, eight is the standard number recommended.

Knowing that, we need to remember that there are many reasons people are unable to get a good night's sleep, including work, worry, aching bones, crying babies, too much daylight, being too hot (or too cold), or a noisy bedroom. Of course there are some things we just have to live through like a baby that will eventually grow out of their need to wake up and eat all night long. But some things we can do something about, so here are some suggestions:

- #1 - **IF YOU WORK ALL THE TIME**—Leave your work behind at the office, on the boat, or in the gravel pit as the case may be. Find a way to signal to yourself that the workday is over such as changing out of work clothes, having a cup of tea or putting on some relaxing music.
- #2 - **IF YOU WORRY**—Get over it! Sometimes writing down the worry and a list of possible solutions can help a person put it aside overnight. Asking others to help you figure out a problem can sometime solve it, or if you're a religious person praying and turning over your concerns to God can free you to have a good night sleep.
- #3 - **PHYSICAL ACHES**—Taking a warm bath, having a cup of herbal tea, using ointment and maybe taking a painkiller can help you fall asleep more easily.
- #4 - **BABIES**—Yes, they do eventually grow out of it, but sometimes parents can help out the process with a good schedule, and they may be able to take turns being "on duty" occasionally freeing their spouse to sleep all night while the other parent takes over the baby care. If the baby is really colicky, you can always consider hiring a babysitter so you can nap—in the long run it may be money well spent!
- #5 - **DAYLIGHT**—Investing in a good set of curtains or drapes can make a big difference to your night of sleep.
- #6 - **HOT/COLD ROOM**—Spare blankets and maybe installing a ceiling fan? Just be sure, if it's a fan you need, that it will run quietly, or you may trade one annoyance for another!
- #7 - **NIGHT NOISE**—Of course there's the obvious—make it stop. But assuming that doesn't work, some other options are using earplugs, playing music or tapes of nature noises, and as a last resort getting a "white noise machine" that will drown out other noises.

Many times physical activities such as walking, running, gardening, chopping wood and playing noncompetitive sports a few hours before you need to go to bed can help a person sleep better and more deeply and in turn stay healthier, so...

Total Village Mileage through May is 34,149

Keep on Walking!

Personal Totals

(Since Mar. 00)

John	2871
Annie	2068.5
Sandy	2013.5
Joshua	1580.25
Lydia	1563.25
Shayna	1497.25
Pete	1189
Yako	1134
Marie	1123.5
Mary	1117.5
Dallia	995
David	955
Ida	877
Kayla	831.5
Alice	817.25
Angel	791.75
AlexAnna	749.75
Tanya	651.75
Alicia	632.5
Julie	622
Michael	617
Bernadette	610
Dan	596
Shaun	591.75
Betsy	588
Jonathan	539.75
Charlie	491
April	407.5
Jeremy	395
Bonnie	380
Sharolyn	330.25
Camille	294.5
Tess	287.5
Kevin	285

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Assistant Editor
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Brian Kornmann, VISTA Worker

Weather Watch

July 1—31, 2003

Highest Wind Speed . . . 59 mph

Average Wind Speed . . . 9.6 mph

Dominant Wind Direction . . . SSW

Highest Temperature . . . 85.1°F

Lowest Temperature . . . 45.7°F

Precipitation . . . 2.7 inches

Recipe Corner

Contributed by . . . AlexAnna Salmon

Cranberry Pineapple Jelly

- 3c. cranberry juice
- 1 pkg. Sure-Jell pectin
- 1 c. pineapple juice
- 5 c. sugar
- 1/2 c. lemon juice

Mix cranberry, pineapple, and lemon juices with pectin in canning kettle. Bring to full rolling boil and boil hard for 1 minute, stirring constantly. Pour into 6 hot sterilized jars and seal.

RHUBARB/STRAWBERRY JELLY

Ingredients:

1 qt of rhubarb, cut very fine
2 qt Ripe strawberries
6 c Sugar
6 oz Pectin

Directions:

Crush strawberries, add to rhubarb and bring to a boil. Strain juice through a jelly bag. Use 3-1/2 cups juice. Combine with sugar and bring to a boil for one minute. Remove from heat and skim. Pour into jelly glasses and pour on a 1/8-inch layer of paraffin. Yields 6 to 7 half-pints.